

GREENWOOD ATHLETIC AND TENNIS CLUB

INDOOR POOL SCHEDULE MARCH 1-21, 2010

MONDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00 +	POOL RULES & ETIQUETTE -Please refer to GATC swim policies - Please shower before entering the pool - Lap Lanes are for lap swimmers, water walkers, or private lessons - Open Lane is for private lessons or programs - Family swim is play time for families, may share lanes with private lessons - Please be courteous to all members. Sharing lanes may be necessary. When circle swimming, swim on right side of lane - Please refer to GATC Youth Policy, and have kids under three wear swim diapers - NO LIFEGUARD ON DUTY - Swim at Your Own Risk!							
Lane 1				Adult Class																				
Lane 2													Tiger Sharks											
Lane 3													4:45 - 7:30											
Lane 4																								
Lane 5																								
Lane 6					Water Aerobics																			
Lane 7			Hydro Therapy		9:15 - 10:15	Hydro therapy							Swim America											
Lane 8																								
TUESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00 +								
Lane 1												Stroke School				Swim Cond-								
Lane 2	Tiger Sharks																							
Lane 3													Tiger Sharks											
Lane 4													4:45 - 7:30		7:15-8:30									
Lane 5																								
Lane 6					Water Aerobics																			
Lane 7					9:00 - 10:15																			
Lane 8																Open Lane								
WEDNESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00 +	SAT	7:00	9:00	10:00	11:00	12:00	5:00+	
Lane 1												Stroke School						Lane 1	GTS	W.Aero	Stroke School			
Lane 2																		Lane 2	7-9	bics				Snorkelling class 3/7 only
Lane 3																		Lane 3						
Lane 4																		Lane 4						
Lane 5																		Lane 5						
Lane 6					Water Aerobics													Lane 6						
Lane 7			Hydro Therapy		9:15 - 10:15	Hydro therapy												Lane 7			S. Am			Family Swim
Lane 8																		Lane 8	Open Lane					2-4pm
THURSDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00 +	SUN	7:00	9:00	10:00	11:00	12:00	5:00+	
Lane 1					Water A.							Stroke School						Lane 1						
Lane 2					9:15-10:15													Lane 2						
Lane 3																		Lane 3						
Lane 4																		Lane 4						
Lane 5																		Lane 5						
Lane 6																		Lane 6						
Lane 7																		Lane 7						Family Swim
Lane 8																		Lane 8	Open Lane					2-4pm
FRIDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00 +								
Lane 1																								
Lane 2																								
Lane 3																								
Lane 4																								
Lane 5																								
Lane 6					Water Aerobics																			
Lane 7					9:15 - 10:15	Hydro therapy																		
Lane 8																								

PLEASE NOTE: In the event of inclement weather the Tiger Sharks may be moved indoors affecting lane availability from 3:30 - 7:30 pm, Monday - Friday.

Tiger Sharks practice may permit lap swimming, please see coach on deck.

GREENWOOD ATHLETIC AND TENNIS CLUB

OUTDOOR POOL SCHEDULE MARCH 1-21, 2010

MONDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00 +	SAT	7:00	9:00	10:00	11:00	12:00	5:00 +
Lane 6																Lane 6						
Lane 5																Lane 5	7 - 9					
Lane 4	5:30 - 6:45															Lane 4						
Lane 3	Masters															Lane 3	Tiger					
Lane 2																Lane 2	Sharks					
Lane 1																Lane 1						
TUESDAY	5:30	6:00	7:00	8:00	9:30	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00 +	SUN	7:00	9:00	10:00	11:00	12:00	5:00 +
Lane 6																Lane 6						
Lane 5																Lane 5						
Lane 4																Lane 4						
Lane 3																Lane 3						
Lane 2																Lane 2						
Lane 1																Lane 1						
WEDNESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00 +	POOL RULES, ETIQUETTE AND NOTES:						
Lane 6																Please refer to GATC swim policies Please refer to GATC Youth Policy, (Must be 14yrs old and have Jr. Cert. to use pool with out parental supervision) Please shower before entering the pool Lap Swim is for swimming laps only, Sharing lanes may be necessary When circle swimming, swim on right side of lane NO LIFEGUARD ON DUTY, SWIM AT YOUR OWN RISK! Private lessons may take place in lap lanes						
Lane 5																						
Lane 4	5:30 - 6:45																					
Lane 3	Masters																					
Lane 2																						
Lane 1																						
THURSDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00 +							
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FRIDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:30	4:00	5:00	6:00	7:00 +							
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