

pilates

— FOR —

teens



with Charlotte Gifford

This program promotes a healthy active lifestyle among children and teens ages 11-18 by using the Pilates reformer.

- Boost self-confidence
- Improve body awareness
- Inspire an early love of movement as the foundation for a healthy way of life.

Maximum 8 Participants

Mondays
4-4:45pm
Swan Studio

JANUARY 7, 14 and 28
\$75 Members \$90 Non-Members

FEBRUARY 4, 11 and 25
\$75 Members \$90 Non-Members

MARCH 4, 11 and 25
\$75 Members \$90 Non-Members

REGISTER

Greenwood App, 303.770.2582 x274
GreenwoodATC.com/Pilates

CONTACT

Charlotte Gifford x399
CharlotteG@GreenwoodATC.com



**GREENWOOD ATHLETIC
AND TENNIS CLUB**

PILATES FOR TEENS

PTEEN_01/19 PTEEN_02/19 PTEEN_03/19
Date Chit # Amount Paid Staff Name

Call Sara with any questions 303.770.2582 x375

PARTICIPANT AGREEMENT, WAIVER OF LIABILITY, ASSUMPTION OF RISK, RELEASE AND INDEMNIFICATION

In consideration of access to and use of the facilities, equipment, events or activities, and the services of JAG Management Group, LLC, the Greenwood Athletic and Tennis Club ("GATC")...

- 1. I hereby acknowledge, understand and assume all risk of injury and potential dangers arising from the conditions and use of any of GATC's facilities, equipment, services, programs, premises, events and/or activities...
2. I acknowledge and understand that included within the scope of this waiver and release is any cause of action arising from the performance or failure to perform construction, operation, maintenance, inspection, supervision or control of GATC facilities...
3. I hereby voluntarily relinquish and release, discharge, and agree to indemnify and hold harmless, now and forever, Releasees from any and all claims, demands, liability or causes of action for personal injury, property damage, or death occurring to me or to anyone else...
4. Should Releasees or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
5. I hereby certify that I have adequate insurance to cover any injury or damage I may cause or suffer, or I agree to bear the costs of such injury or damage myself.
6. In the event that I file a lawsuit against Releasees, I agree to do so solely in the state of Colorado, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state.
7. I hereby consent that photographs and/or video taken by GATC may be used by GATC for promotional materials, including the website.
8. I hereby agree to abide by the rules and regulations of the GATC as they may be amended from time to time.
9. This agreement and the rules and regulations of the GATC, as adopted and amended from time to time, set forth the entire agreement between the Releasees and me regarding liability.
10. I authorize the Releasees to contact me via telephone call or message or via e-mail at the phone number and e-mail address below.
11. I have had sufficient time and opportunity to read this agreement, have read and understood it, and agree to be bound by its terms.

Participant Name Signature of Participant Date

Phone Number E-mail Address

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of (print minor's name) ("Minor") being permitted by Releasees to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless Releasees from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent/Guardian Name(s) Signature of Parent/Guardian Date

Phone Number E-mail Address

All Non-Members must present photo id prior to entrance into the club. (Revised 04-17-2017)

Day(s) Time(s) Member Non-Member

Participant #1 D.O.B

Participant #2 D.O.B

Address City State Zip

Phone (C/H) (Parent's Name)

E-Mail Address