



LABOR DAY SCHEDULE

Athletic Club 5:00am-5:00pm
 Tennis Club 5:30am-5:00pm
 Kids' Club & YAC 8:00am-1:00pm

REGULAR HOURS AND SCHEDULES ON THE WEEKEND

MONDAY, SEPTEMBER 4

8:00-9:00am	High Gear	Jen	Cycle Studio
8:30-9:30am	H.I.I.T.	Penny	Studio 1
9:00-10:00am	Power Vinyasa	Michelle W.	Jade*
9:00-10:00am	\$Reformer\$	Molly	Swan
9:15-10:15am	Aqua Fit	Jeanette	Pool
9:30-10:30am	BODYPUMP	Penny	Studio 1

Jade* indicates heated class

\$ Indicates paid programming

No BARRE, Combat Zone or Small Group Personal Training will be offered this day.

GROUP FITNESS

Andrea Morris

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GREENWOOD ATHLETIC AND TENNIS CLUB

THE *Best* PART OF *Your Day!*®